

+ Michael Uram, MA, LMFT

Adult Social Skills Group Starts September 10th

This group topics are:

Developing Adult Friendships at
Home and Work.

Improving Conversational Skills

Social Skills Groups

It is a fun, relaxed group, focusing on building skills and the motivation to push you outside of your comfort zone to enjoy the benefits of improved social interaction.

The topics are chosen by the participants, and are facilitated by handouts and role-plays. This group runs for 3 weeks on Saturdays at 4PM.

Group Sizes are limited to 3-6 participants.

Snacks provided (most are gluten-free).

949-489-3233

MPCcares.com

**32122 Camino Capistrano,
Suite 200**

San Juan Capistrano, CA 92675

Saturday, Sept. 10th, 17th

and 24th 4:00 PM ,

Three 50 minute groups

For only \$285.

Each group is designed for those Diagnosed with Asperger's, Autism and ADHD.

I am a licensed Marriage and Family Therapist MFC#45428

Upcoming Groups

Adolescent Group

Starts September 10th

At 5PM

San Juan Capistrano

For 6 weeks

Or call 949-777-6694

michaeluram.com

Note: The San Juan Capistrano Groups are contracted through the Mission Psychological Consultants/ Attention Learning Center.