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**MPC/Attention Learning Center**  
**949-489-3233**

# **Social Skills Class for ADHD and ASD Teens.**

Adolescents diagnosed with ADHD, Aspergers & Autism often have difficulty managing complex social relationships. This class will teach them how to interact with peers their age, understand expected classroom behavior, developing empathy, and conflict resolution.

## **Topics Include:**

- How to make a friend by losing an argument.
- How to gain someone's trust by listening to their story.
- How to walk up to a group of people and join in the conversation.
- How to notice when we offend others.
- Believing in ourselves and realizing that others do too.
- How to express our feelings without rearranging the room.
- How to keep a conversation going.

**This six week class is starting soon.**  
**Pre-Register for this group starting April 30<sup>th</sup>.**

**Groups are limited by ages 13-17.**  
**Four to Six participants per group.**  
**Separate groups for males/females.**

**\$75 deposit to Register.**  
**\$450 due Before Week One.**

**Groups are small & space is limited.**  
**Call 949-489-3233 to RSVP!**