



**MISSION PSYCHOLOGICAL CONSULTANTS**

*Conveniently located in: Carlsbad, San Juan Capistrano, Irvine*  
**Toll Free: (800) ADD - 9117 or (949) 248 - 7411, ext. 0**  
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**PROBLEMS ASSOCIATED WITH ADHD IN CHILDHOOD**

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- Behavioral**
  - Short Attention Span
  - Distractibility
  - Restlessness
  - Poor Impulse Control
  - Destructiveness/Noisiness
- Social**
  - Poor peer relations
  - Noncompliance to commands
  - Aggression / Lying /Stealing
  - Belligerence and Disrespectful language.
  - Poor self control / high risk taking
  - Poor social problem-solving skills
- Cognitive**
  - Immature self-speech (internal language)
  - Inattentiveness - Distractability
  - LOW average intelligence
  - Lack of conscience
  - Poor perspective of future consequence for behavior:
- Academic**
  - Underachievement for intelligence
  - Specific learning disabilities
- Emotional**
  - Depression
  - Low self-esteem
  - Excitability
  - Immature emotional growth
  - Easily frustrated
  - Unpredictable/variable mood
- Physical**
  - Immature physical size
  - Immature bone growth
  - Enuresis / encopresis
  - Increased upper respiratory infections
  - Increased frequency of Otitis media
  - Increased frequency of allergies
  - Greater number of minor physical abnormalities
  - Under-reactive central nervous system
  - Short sleep cycle
  - High pain tolerance
  - Poor motor coordination

